



First Aid Procedure

First aid box kept on side of cupboard by kitchen

Small first aid box to be taken on all trips

If any accident or first aid is administered please fill in accident book And also fill in accident/near form on British canoeing website.

<https://www.britishcanoeing.org.uk/go-canoeing/access-and-environment/access-to-water/incident-reporting>

How to deal with an incident/accident

- Stay calm but act swiftly and observe the situation, is there danger of further injuries?
 - Listen to what the injured person is saying
- Alert the first aider who should take appropriate action for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency services
 - Deal with the rest of the group and ensure that they are adequately supervised
 - Do not move someone with major injuries. Wait for the emergency medics
 - Contact the injured person's parent/carer.
 - Complete an incident report form
- Please contact <https://www.britishcanoeing.org.uk/go-canoeing/access-and-environment/access-to-water/incident-reporting>
For any near misses as well as accidents.